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Whether you're just starting out or you're stepping up your game, here are 10 low-cost approaches to help get you into the black.

BY ROBERT CHUTE

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Liability coverage is crucial. If you think you're immune from a lawsuit, think again. And, if you have insurance, how much do you know about your policy?

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BY ANGELA ENGLAND



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BY MARYBETTS SINCLAIR



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In order to be successful in today's market, practitioners must draw on their creativity, strength, and tenacity. This noted consultant and massage therapist talks straight about fueling your practice.

BY FELICIA BROWN



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